



Facts	Sources
60% of employers say their employee wellbeing programmes boost retention	https://www.personneltoday.com/hr/how-occupational-health-can-help-optimize-wellbeing/
57% of employers say a sense of wellbeing results in greater employee loyalty	https://blog.accessperks.com/2018-employee-engagement-loyalty-statistics
31% of employers recognise better staff wellbeing means greater productivity	https://www.breathehr.com/blog/topic/health-and-wellbeing/what-is-employee-health-and-wellbeing
26% of companies with health insurance policies have lower absentee rates	https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/209547/hwwb-dwp-wellness-report-public.pdf
60% of employers have found that health benefits helped staff become more productive	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2690190/
54% of potential employees ask about health insurance during interview	https://blog.accessperks.com/employee-benefits-perks-statistics
4.4 working days were lost in 2018 due to sickness or injury	https://www.ons.gov.uk/employmentandlabourmarket/peopleinwork/labourproductivity/articles/sicknessabsenceinthelabourmarket/2018
30% of UK adults can't afford dental care	https://www.independent.co.uk/money/spend-save/third-britons-dont-go-dentist-cost-insurance-health-cash-plan-nhs-a9001521.html
60% of drivers fail to meet eyesight standards for safe driving	https://www.express.co.uk/life-style/cars/1048431/driving-licence-ban-UK-eyes-glasses-contact-lenses
1 million people in the UK each year find themselves unable to work due to a serious illness or injury	https://www.moneyadvice.service.gov.uk/en/articles/do-you-need-income-protection-insurance
47% of people said that their top financial concern was if the main wage earner in their family could no longer work	https://www.personneltoday.com/hr/how-income-protection-has-a-role-in-corporate-wellbeing-programmes/
24% of employees would like to receive group income protection with only 6% of employers currently offering it as a perk	https://employeebenefits.co.uk/issues/december-2015/buyers-guide-to-group-income-protection-6/#:~:text=In%20addition%20to%20financial%20support,to%20a%20lower%20paid%20role.
64% are classed as being overweight or obese	https://digital.nhs.uk/data-and-information/publications/statistical/statistics-on-obesity-physical-activity-and-diet/statistics-on-obesity-physical-activity-and-diet-england-2019/part-3-adult-obesity
Every 10 minutes someone in the UK suffers heart related issues	https://www.bhf.org.uk/what-we-do/news-from-the-bhf/contact-the-press-office/facts-and-figures
Over 75,000 people of working age are living with cancer in the UK	https://www.macmillan.org.uk/_images/cancer-statistics-factsheet_tcm9-260514.pdf
90% of UK companies employ fewer than five people	https://researchbriefings.files.parliament.uk/documents/SN06152/SN06152.pdf
53% of business would fold in less than a year if one of their key workers died or suffered a serious illness	https://www.legalandgeneral.com/files/library/protection/sales-aid/w13220.pdf
32% of business owners haven't considered taking out key person insurance	https://www.legalandgeneral.com/files/library/protection/sales-aid/w13220.pdf
37% of employees said life insurance was one of their top three most valued benefits	https://employeebenefits.co.uk/employers-are-overestimating-the-cost-of-group-life-insurance/
1.4 million working people suffer from a work-related illness	https://www.hse.gov.uk/statistics/
35% of all households would feel a negative financial impact within 1 month after the death of the primary wage earner	https://www.gpagency.com/wp-content/uploads/2018-Insurance-Barometer-Study.pdf
16% of adults in the UK said they needed emergency dental treatment in the last 12 months	https://www.electriceeth.co.uk/dental-statistics/
74% of adults have had a tooth removed	https://www.dentalhealth.org/blog/oral-health-facts-and-tips-tooth-decay-
27% of adults only visit the dentist when they have a problem	https://www.dentalhealth.org/blog/oral-health-facts-and-tips-tooth-decay-
37% of people, are willing to relocate for better career opportunities	https://www.totaljobs.com/recruiter-advice/half-of-brits-willing-to-relocate-within-the-uk-for-work
78% of Britons would be more likely to apply for a job if the advert mentioned the benefits on offer	https://www.pagepersonnel.co.uk/advice/management-advice/attracting-candidates/employee-benefits-battleground
3,000 UK citizens require emergency medical treatment abroad per week	https://www.abi.org.uk/news/news-articles/2019/06/3000-brits-require-emergency-treatment-abroad-every-week-as-average-medical-claim-surpasses-1300/

1/3 of employees feel guilty about taking time off to visit the doctor	https://www.mirror.co.uk/news/uk-news/doctors-appointments-cost-britain-more-17261529
25 to 30 per cent of people are scared of telling their employers about an ongoing illness	https://www.dailymail.co.uk/home/you/article-1328688/Pros-cons-telling-employer-health-issue.html
52% of employees had to cancel or change doctor appointments because of work	https://www.times-series.co.uk/news/18036991.employees-struggle-make-gp-appointments-due-work/
40% of employees said that their work was being affected by health problems	https://www.bbc.co.uk/news/business-47911210
£1,300 per UK employee is lost each year due to mental health problems	https://www.centreformentalhealth.org.uk/news/mental-health-problems-work-cost-uk-economy-ps349bn-last-year-says-centre-mental-health#:~:text=This%20means%20that%20mental%20health,unwell%3A%20or%20'presenteeism'
three in four employees in the UK suffer persistent sleep problems	https://www.newstatesman.com/politics/economy/2019/10/why-sleeplessness-could-be-blame-britains-falling-productivity
68% of employers have emotional wellbeing strategies in place	https://www.personneltoday.com/hr/businesses-focus-on-emotional-and-financial-wellbeing/
68% of employers introduced a new employee wellbeing benefit in 2020	https://www.personneltoday.com/hr/two-thirds-of-employers-have-introduced-new-wellbeing-benefits/
37% of employees have considered leaving their job due to stress at work	https://employeebenefits.co.uk/issues/january-2016-2/buyers-guide-to-employee-assistance-programmes-8/
29% of employers provide health screening as a core benefit	https://employeebenefits.co.uk/issues/may-2013/buyers-guide-health-screening-203/
25% of UK adults wait until there is something 'seriously wrong' before going to the doctor	https://www.dailymail.co.uk/health/article-2358215/The-average-Briton-waits-YEAR-visiting-GP-minor-health-problem.html
1 in 4 adults are affected by high blood pressure in the UK	https://www.gov.uk/government/publications/health-matters-combating-high-blood-pressure/health-matters-combating-high-blood-pressure#:~:text=High%20blood%20pressure%20affects%20more,over%20the%20last%20few%20years
54% of all working days are lost due to ill health	https://www.hse.gov.uk/statistics/causdis/stress.pdf
33% of salaried employees work on their weekends	https://www.ft.com/content/085749dc-3cac-11ea-b232-000f4477fbc4
88% of employees say the quality and options of health benefits are important	https://justworks.com/blog/6-surprising-statistics-benefits-employees-want-infographics
£1,435 is the average premium for UK private health insurance per year	https://www.finder.com/uk/health-insurance-statistics
4 million people (approx) in the UK currently pay for private health insurance	https://moneytothemasses.com/quick-savings/insurance-2/is-private-health-insurance-worth-it
27% of people are considering paying for health insurance (15% pre-coronavirus)	https://techround.co.uk/news/interest-in-private-healthcare-doubles-after-coronavirus/